

# Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name  
**Healthy Lifestyles for Rusk County**

Contact Information

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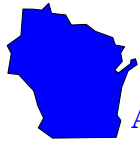
Program Information

<b>Type of Program</b> Coalition
<b>Year Coalition was Formed</b> 2004
<b>Primary program focus</b> Both Physical Activity & Nutrition
<b>Region</b> Western
<b>County</b> Rusk
<b>Coalition Web Site Address</b> NA

Program Information

<b>Represented Groups on Coalition</b> Business Community Government Health Care Health Dept Schools UW-EX WIC	<b>Represented Professions on Coalition</b> Business Citizen Rep Dietitian Educator Nurse Physician Other
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A Wisconsin Nutrition and Physical Activity Program



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## Intervention Name **Community Walk**

### Intervention Information

<b>Type of Intervention:</b> Physical Activity Event
<b>Focus Area:</b> Biking/walking
<b>Intervention Site or Setting:</b> Community
<b>Scope of Intervention:</b> County
<b>Target Audience:</b> All races, genders and ages
<b>Total Population in Area Served:</b> 2,000
<b>Number of Participants:</b> 100
<b>Implementation Status:</b> Done on local fair weekend. Looking for families walking on the walking trails.

### Partners:

### Unique Funding:

\$500 from physicians' group and \$150 from local bank

### Evaluation:

One-time

**Evidence-Based or Best Practice based on**  
Best practice

### Products Developed or Materials Used:

### Intervention Description:

A Wisconsin Nutrition and Physical Activity Intervention